

GLANCING: (top of head – flat palm)

\*GOOD: (fist – same as flat palm from mouth)

\* HOLD!: X (crossed arms) (hands/weapons on head)  
“DEAD MAN WALKING”

FOLLOW THROUGH: (straight side palm forward under opposite arm)

AXE: (same as flag – no waving)

SPEAR: (two hands thrusting forward)

SHEILD: (one hand circle on opposite arm)

ARCHER: (one arm out, other arm pull back)

HELM/HELMET: (two hands both sides pull down – head)

HIT: (show where {whatever body area} hit – “Good Hit, “Bad Hit”)

MACE: (fist held up – stiff)

WATER: (cup motion – drink)

FAIR: (1. wiggle palm “fair hit”)  
(2. two fists meeting)

LIGHT: (“HOLD” palm out from chest – “light blow”)

HARD: (“HOLD” hard hit on something)